

TILAK MAHARASHTRAVIDYAPEETH, PUNE
M.SC. IN NUTRITION & FOOD SCIENCE
EXAMINATION : APRIL/MAY - 2026
SECOND SEMESTER

Sub. : Basic Principles of Traditional Indian Diet Part-II (MSC24N-211TH)

Date: 23/04/2026

Total marks: 60

Time: 10.00 am to 12.30 pm

Instructions:

- 1) All questions are compulsory and carry equal marks.
- 2) Any kind of misconduct is punishable.

Q. 1 Fill in the right answer (10)

1. Rakta Stambhan (Stopping of blood) is the karma of _____ Veerya
 - a) Guru
 - b) Laghu
 - c) Sheeta
 - d) Ushna
2. For preparation of Peya _____ part of water is added to rice or grains
 - a) 4
 - b) 6
 - c) 8
 - d) None of above
3. Vipak of Tikta Rasa is _____
 - a) Madhur
 - b) Amla
 - c) Tikta
 - d) Katu
4. There are _____ pairs of Guna
 - a) 9
 - b) 10
 - c) 18
 - d) 20
5. 1 part coarsely powdered medicine added with 6 parts of hot water and is kept overnight. Morning this mixture is mashed with bare hands and then strained. This liquid is called as _____
 - a) Phanta
 - b) Yavagu
 - c) Hima
 - d) Paanak
6. Chemical composition in tea _____
 - a) Theobromine
 - b) Theophylline
 - c) Both a & b
 - d) None of above
7. Laja is the example of _____ Dravya
 - a) Parthiva
 - b) Jaliya
 - c) Tejasiya
 - d) Aakashiya
8. _____ comes under food preservation methods
 - a) Curing
 - b) Confit
 - c) Jellying
 - d) All of above

9. Use of Tandulodak in_____
- a) Heavy Vaginal Bleeding
 - b) Leucorrhea
 - c) Bleeding Piles
 - d) All of above
10. Virudha means_____
- a) Creeper
 - b) Those who are having flowers as well as fruits
 - c) Those who are having only fruits not flowers
 - d) Bark

Q. 2 Answer the following questions (Any 2) (30)

1. Write in detail about Dravya & its classification
2. Write in detail about Manda, Peya, Vilepi
3. Elaborate the concept of Karma with Grahi ,Anuloman & Stambhan Karma in detail with examples

Q. 3 Write Short Note (Any 4) (20)

1. Veerya
 2. Tea
 3. Madhur Rasa
 4. Ushna-Sheeta Guna
 5. Vilepi
 6. Vipak
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