

Sub. : Basic Principles of Nutrition Science (MSC24N-112TH)

Time: 10.00 am to 12.30 pm

(10)

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10. Kwashiorkor is primarily due to deficiency of _____.

1. Explain the role of nutrition in growth and development across life stages.
2. Describe the functions of vitamins along with its classification.
3. Discuss the classification and functions of lipids in human nutrition.

1. Concept of balanced diet with its components and importance.
2. Role of micronutrients in immunity.
3. Basal metabolic rate (BMR) and factors influencing it.
4. Methods of protein quality evaluation and their applications.
5. Importance of meal planning in meeting nutritional needs.
6. Define Glycemic Index (GI) and explain its role in health.