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MASTER OF COMMERCE (M.COM)

EXAMINATION: MAY - 2025

FIRST SEMESTER

Subject: Advanced English-I (MCAE-111)

Date: 19/05/2025

Total marks: 60

Time: 10.00am to 12.30pm

Instruction:1) All questions are compulsory.2) Figures to the right indicate full marks.

Q.1. (a) Read the following passage and answer the questions given below: (10)

Ammon means “fragrant spice plant” in Arabic and Hebraic and in Italian, canella means “little tube”. These are a few of the many terms given to the popular spice known as cinnamon. Dating back as far as 2800 B.C., Chinese writings describe cinnamon as an important part of the culture, so much so that over the years this spice was traded right up there with silver. Nowadays we find it in sweetened cereals, baked goods and sprinkled on various foods such as yoghurt. Yet, many do not consider its wealth of healing capabilities including the potential as a weight loss remedy.

Cinnamon is derived from the inner bark of the cinnamon tree grown and harvested mostly in Sri Lanka but also found in Brazil, Indonesia, Vietnam, China and Burma. After a cinnamon tree grows for about six to eight years it is cut down leaving a stump to allow it to grow again making it a very sustainable practice. It is then stripped from the bark, dried and packaged as sticks for export.

Several studies have been published regarding the weight loss properties of cinnamon which include its unique ability to be used for type 2 diabetes which is a disease often resulting from obesity. When eaten, the spice seems to slow down glucose absorption within the intestines while stimulating insulin production. This normalizes blood glucose levels which in turn can indirectly decrease weight gain.

“The results of study demonstrate that intake of 1, 3 or 6 g of cinnamon per day reduces serum glucose, triglyceride, LDL cholesterol and total cholesterol in people with type 2 diabetes and suggest that the inclusion of cinnamon in the diet of people with type 2 diabetes will reduce risk factors associated with diabetes and cardiovascular diseases”.

A study from the Department of Family and Consumer Sciences, called “Effect of ground cinnamon on after-meal blood glucose level in normal-weight and obese adults” found that cinnamon may be effective in moderating post-meal glucose level in normal weight and obese adults.

Columbia University nutritionist Tara Ostrowe comments to Reader’s Digest on the benefits of this spice: “Cinnamon really is the new skinny food Scientists already credit cinnamon with helping lower blood sugar concentration and improving insulin sensitivity. When less sugar is stored as fat, this translates into more help for your body when it comes to weight loss”.

Talk to your doctor about adding cinnamon daily into your healthy diet and exercise program. Add it to your tea, oatmeal, fruit, toast or anything else you can think of, as a small amount will go a long way and potentially assist in your weight loss mission.

- Q.1 Describe the history of Cinnamon.
- Q.2 In what ways can Cinnamon be consumed?
- Q.3 Describe the study and findings of Department of Family and Consumer Sciences.
- Q.4 In which chronic diseases has cinnamon proved to be useful?
- Q.5 Describe the comment made by Tara Ostrowe.

(b) Give the synonyms of the following (05)

1. Frequent
2. Aura
3. Economical
4. Hazardous
5. Imitation

Q. 2. Give the antonyms of the following (05)

1. Ignorant
2. Benefit
3. Incline
4. Mischief
5. Obstruct

Q. 3. (a) Fill in the blanks with prefixes and suffixes (05)

1. _____manage_____
2. _____loyal_____
3. _____interpret_____
4. _____time_____
5. _____willing_____

(b) Choose the appropriate form of words from the brackets and fill in the blanks. (10)

1. Pilgrims _____ travelled on foot, eating light, dried chickpeas and fruits, or whatever was available. (modernly, traditionally, indefinitely, unknowingly)
2. Air pollution is _____ issue which concerns us all alike. (a/an/the/no article needed)
3. Chinese writings _____ cinnamon as an important part of the culture, so much so that over the years this spice was traded right up there with silver. (describe/prescribe/subscribe/none of these)
4. The art of living is learnt easily by those who are positive and _____. (holistic/pessimistic/ballistic/optimistic)
5. The ambience of Mewar remains lovely thanks to the _____ and liberal character of its people. (chierful/cheerful/cheerful/chirful)
6. A person under stress reacts in different ways and the common ones are flight, _____ and flee depending upon the nature of the stress and capabilities of the person. (react/faint/fight/enjoy)
7. Nature is everyone's _____ and her fierce blows will sooner or later come and force us to understand this truth. (friend/mother/enemy/daughter)

8. The road was too narrow, so they had to _____ it. (wide/widen/widin/widen)
9. A candidate needs to _____ for various stages of an interview. (prepare/prepared/prepares/preparation)
10. Rajdhani Express _____ at 7.00 am daily morning. (leaving/leaves/left/leaved)

Q. 4. (a) Write a paragraph each on the topics given below(Any one) (05)

1. Agree or Disagree: Education should be provided for free to all
2. Agree or Disagree: Boys and girls should be raised equally since birth

(b) Write an essay (Any one) (10)

1. Social Media has caused reduction in the attention span of all
2. My idea of an ideal day off from busy life

Q. 5. Write a letter (Any One) (10)

1. Write a letter to a local newspaper editor regarding the management of increasing e-garbage.
 2. Write a letter to your college librarian to add a few books pertaining to your subject of interest which will help you in your project work.
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